

Facials

Africology Aloe Ferox Facial 60mins R450

Aloe Ferox helps to calm, lift and firm, naturally creating a rejuvenated, youthful appearance.(P)

Africology Balancing Rose Facial 60mins R490

A great facial for sensitive or stressed skins. This fragrant , rejuvenating therapy leaves you physically and emotionally balanced. (P)

Esse Skin Analysis Facial 60mins R450

After a personal skin analysis you will be treated to the Esse facial to suit your skins needs.(P)

Esse Anti Aging Facial 60mins R550

A concentrated treatment for mature skin and skins showing signs of premature aging.

Esse Anti Oxidant Facial 60mins R490

To bring back a healthy glow, ideal for all skin types.

The Forest Spa Signature Hot Stone Facial 60mins R500

With the use of gently warmed basalt stones to massage this facial is designed to stimulate blood flow and the release of tension and fatigue.

Hands and Feet (P)

Standard Manicure 60mins min R240

Standard Pedicure 60mins R280

Includes free paint.

Africology African Potato Manicure 75 mins R280

Africology African Potato Pedicure 60mins R320

An intensely hydrating African potato Masque, blended with rooibos, aloe and marula antioxidants is applied to ensure continued skin health and to rejuvenate the hands/feet.

Includes free paint.

Gel paint available. Please call to enquire about rates.

Body Treatments and Massage

* (P) = pregnancy friendly

Gwenya body exfoliation 40mins R280 (P)

This treatment gently exfoliates lifeless skin cells, finished off with a marula oil application.

Gwenya Body Wrap 90mins R590 (P)

This treatment starts with a gentle exfoliation followed by the wrap and scalp massage. The treatment ends off with an application of marula conditioning oil.

Forest Unwind BNS 60mins R420 30min R280 (P)

Back, neck and shoulders massage for tension & stress relief

Marula Conditioning Massage Full body 60mins R500 (P)

An intuitive body massage using hydrating marula oil. This treatment includes a light back exfoliation and application rich soothing mud to help increase blood flow and help with circulation.

Balancing Aroma-therapeutic Massage Full body 60mins R440

Back only 30mins R280

To soothe the mind and soul. The treatment begins with the selection of your mood enhancing aroma oils followed by the comfort of warm aromatic herbal pods and your therapeutic massage.

Hot Stone Massage Full body 60mins R480

Back only 30mins R300

The treatment works to distress and uses the power of heat and basalt stones to draw pent up tension from the muscles.

Swedish Massage 90min R600 60min R420 30min R280

To relax the entire body and mind, increases circulation and releases tension.

Ayurvedic Indian Head Massage 30mins R280 (P)

Focuses on the shoulders, neck, face and head, the areas most vulnerable to stress and tension. This treatment is done in the sitting position.

Hand and Foot Massage 30mins R250 (P)

Pregnancy massage 60mins R550

This massage uses gentle Marula conditioning oil to hydrate your skin and leave it feeling soft and smooth. The gentle massage is designed to soothe the aches and tired muscles from carrying your growing baby. We finish off the treatment with a relaxing hand and foot massage. (P)

Packages

All packages include a guest welcome and consultation (30mins) with ice tea and fresh fruit to enjoy while relaxing on the veranda in our luxurious Spa bathrobes. Also included is a light lunch at The Cellar Restaurant & a glass of wine or fruit juice (30mins)

Couples Packages R1700 for 2 people R850 for 1 person

2.5hrs including consultation and lunch

Hot Stone full body massage (60mins)

Hand and foot massage (30mins)

Honeywood Package R1150pp

3hrs including consultation and lunch

Full body exfoliation (30mins)

Full Body Swedish Massage (60mins)

Express Facial (30mins)

Mom & Daughter Package R1500 (daughters under the age of 16)

3hrs including consultation and lunch

Forest Unwind BNS (30mins)

Express facial (30mins)

Pedicure and Paint (60mins)

For The Young Ones (16yrs and younger)

Mini Tranquillity 60mins R 400

A treat for our younger guests (15 years and younger)

Mini facial, mini BNS plus mini hand and foot massage.

Mini pedi and paint 30min R120

Mini mani and paint 30mins R120

Mini BNS 30mins R160

Mini Facial 30mins R160

Facial Waxing and Tinting Ups

Brow wax R80

Lip/chin wax R80

Whole face wax R120

Brow Tint R80

Lash Tint R80

I5min Top

BNS massage R120

Hand massage R120

Foot Massage R120

Scalp massage R120