

Facials

All facials begin with a skin analysis from one of our trained therapists.

The Forest Spa uses Esse Probiotic Skincare, a proudly South African product that is organic, eco friendly and vegan. Esse uses the power of probiotics and botanicals to help gain balance in your skin as well as help against aging, sun damage, pigmentation and scarring.

Esse Plus Anti Aging Facial 60mins R600 /30min express R420

A concentrated treatment for mature skin and skins showing signs of premature aging. Using probiotics and botanical actives to restore skin vitality.

Esse Anti Oxidant Facial 60mins R580/30min express R390

To bring back a healthy glow, ideal for all skin types.

Esse Sensitive Facial 60mins R500/30min express R320

Calming and gentle with probiotics and botanicals to strengthen the skins defences.

Esse Deep Cleanse Facial 60mins R490/30min express R300

A purifying and deep cleansing treatment to help treat problematic skins. Great for teenagers suffering from acne.

Esse Hydrating Facial 60mins R490/30min express R300

Replenishes dry parched skin and plumps fine lines with this moisture infused facial.

Hands and Feet (P)

Standard Manicure 60mins min R250 /express 30mins R150

Standard Pedicure 60mins R290 /express 30mins R190

Hydrating Forest Spa Manicure 60 mins R300

Hydrating Forest Spa Pedicure 60mins R350

A fresh minty exfoliator is used to stimulate blood circulation and a mask that detoxifies and revitalises hands and feet. A nourishing oil with Jojoba and Marula is applied to ensure skin hydration and to rejuvenate the hands/feet.

Facial Waxing and Tinting

Brow wax R90
Lip/chin wax R90
Whole face wax R150
Brow Tint R90
Lash Tint R90

15min Top Ups

BNS massage R150
Hand massage R150
Foot Massage R150
Scalp massage R150
Dry Brushing R100

Body Treatments and Massage

* (P) = pregnancy friendly

Gwenya body exfoliation 40mins R300 (P)

This treatment gently exfoliates lifeless skin cells, finished off with a marula oil application.

Gwenya Body Wrap 90mins R500 (P)

This treatment starts with a gentle exfoliation followed by the wrap and scalp massage. The treatment ends off with hydration application.

Forest Unwind BNS 60mins R450 30min R290 (P)

Back, neck and shoulders massage for tension & stress relief

Marula Conditioning Massage Full body 60mins R550 (P)

An intuitive body massage using hydrating massage oil. This treatment includes a light back exfoliation and application rich soothing mud to help increase blood flow and to help with circulation.

Balancing Aroma-therapeutic Massage Full body 60mins R460

Back only 30mins R300

To soothe the mind and soul. The treatment begins with the selection of your mood enhancing aroma oils followed by a therapeutic massage.

Hot Stone Massage Full body 60mins R490

Back only 30mins R300

The treatment works to distress and uses the power of heat and basalt stones to draw pent up tension from the muscles.

Swedish Massage 90min R660 60min R450 30min R290 (P)

To relax the entire body and mind, increases circulation and releases tension.

Ayurvedic Indian Head Massage 30mins R300 (P)

Focuses on the shoulders, neck, face and head, the areas most vulnerable to stress and tension. This treatment is done in the sitting position.

Hand and Foot Massage 30mins R280 (P)

Pregnancy massage 60mins R580

This massage uses gentle Marula & Jojoba oil to hydrate your skin and leave it feeling soft and smooth. The gentle massage is designed to soothe the aches and tired muscles from carrying your growing baby. We finish off the treatment with a relaxing hand and foot massage. (P)

Packages

All packages include a guest welcome and consultation (30mins)
Also included is a light lunch & a cup of tea or coffee

Couples Packages R1760 for 2 people R880 for 1 person 2.5hrs including consultation

Hot Stone full body massage (60mins)

Hand and foot massage (30mins)

Honeywood Package R1150pp

2.5hrs including consultation

Full body exfoliation (30mins)

Full Body Swedish Massage (60mins)

Express Facial (30mins)

Mom & Daughter Package R1620 (daughters 16yrs & younger)

2.5hrs including consultation

Forest Unwind BNS (30mins)

Express facial (30mins)

Pedicure and Paint (60mins)

Half day package R1320

3hrs including consultation

Full Body Massage (60mins)

Rejuvenating Foot Treatment (30mins)

Esse Facial (60mins)

Full day package R2070

7hrs including consultation. Begins at 9.30am

Gwenya full body exfoliation and wrap (90mins)

Full Body Massage (60mins)

Break for lunch (90mins)

Esse Facial (60mins)

Standard pedicure (60mins)

Foot, hand and scalp massage (30mins)

For The Young Ones (16yrs and younger)

Mini Tranquillity 60mins R 440

A treat for our younger guests (16 years and younger)
Mini facial, mini BNS plus mini hand and foot massage.

Mini Pedi or Mini Mani and paint 30min R150ea

Mini BNS 30mins R180

Mini Facial 30mins R180
